

# The Winooski Newsletter

A newsletter created in partnership by the City of Winooski and the Winooski School District.

JUNE 2022



**WINOOSKI SCHOOLS**  
*We are the future.*



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## Letter from the Mayor

By Kristine Lott

Hello neighbors, there's a lot to celebrate this month! Our official Community Birthday Party in celebration of Winooski's Centennial is on Saturday, June 4, 2022, starting at 1 PM at Rotary Park. We've got local musicians, food, kid's activities, and lots of exciting things planned - for full event details, please visit [legay.winooski.vt.gov/birthday](https://legay.winooski.vt.gov/birthday). Soon after, our 2nd annual Juneteenth Celebration is on June 19th from 4 - 8 PM, also in Rotary Park. The Winooski Wednesdays concert series and the Winooski Farmers Market are also back for the summer! For full event info, please visit [downtownwinooski.org](https://downtownwinooski.org). I am thrilled to celebrate safely outdoors and hope you'll join us for these free offerings.

Speaking of events, did you know that you can host your very own block party in Winooski? You can reserve a street closure via our Parks and Facilities portal here: [secure.rec1.com/VT/winooski-vt/catalog](https://secure.rec1.com/VT/winooski-vt/catalog). I encourage you to host an



amazing event on your street! This is a great way to informally gather with your neighbors, especially as we get back into the habit of hosting in-person events.

In other news, we're kicking off a city-wide reappraisal this month. Two years ago, due to increasing home values in our area, the State of Vermont mandated a city-wide reappraisal for Winooski. City Council contracted with our current assessor to begin the process and we're planning for a smooth process - please keep an eye on our website and sign up for our email news updates for more information on this process. The Assessor will be sending out letters and will be coordinating with homeowners and landlords directly. Please note that while a reappraisal will increase most home values on record, increases in tax bills are not the intent of this process. Every year, voters approve the City's budget, the total of which is divided across all of our properties. Some property owners may see a slight increase or decrease in their taxes based on their homes' value compared to the overall average value in Winooski. The reappraisal is targeted to be completed in 2024.

As always, feel free to reach out at any time.

## Centennial Birthday Party!

By Amy Lafayette

**June 4, 1:00 to 4:00 PM @ Rotary Park**  
**Free and open to all**

The City of Winooski invites you to the Centennial Birthday Party! Bring your families, friends, and neighbors for an all-ages, outdoor community birthday party to celebrate Winooski's 100th municipal birthday - enjoy food, drinks, music, kid's activities, and more.

Featuring performances by A2VT, KeruBo, Abizo, and High-Low-Jack. Enjoy food and drinks by Offbeat Creemee, Papa Franks Italian, Sarom's Cafe, Sneakers Bistro, Tiny Thai, and more!

The event will begin with a special Abenaki Land Acknowledgement. Participants can also enjoy special activities from the Winooski Memorial Library, meet Dan Higgins and learn more about his new Centennial book, participate in a big group photo, a City Council cake cutting and cupcakes, and a few other special treats.

Full details at <https://www.legacy.winooski.vt.gov/birthday>





## Meet Mohamedou Diop - Director of Multilingual Learning Programs

*By Emily Hecker, Director of Communications & Development*

Mohamedou Diop, (who is known to many people in the WSD by the shortened version of his name, Mohamed) will be moving into his new role as the Director of Multilingual Learning this July. He will be transitioning from his roles as the Winooski Middle High School Behavior Interventionist and the Hiring and Recruiting Staff of Color Coordinator.



During the past seven years, many students and staff have enjoyed the opportunity to get to know Mohamedou, and appreciate his warmth, enthusiasm, and positive attitude. As a multilingual learner himself, Mohamedou believes deeply in the value of speaking multiple languages. Through his role as the Director of Multilingual Programs, Mohamedou will guide our district in becoming a truly multilingual community.

"We are thrilled to welcome Mohamedou into this important Leadership role. As an educational leader, Mohamed has exceptional credentials and extensive experience. He also brings his multicultural background, which will provide valuable insight into the cultures of the students we serve," said Kate Grodin, WMHS Co-Principal.

For those of you who don't know Mohamed already, we asked him a few questions so you can get to know him better.

### **What is your vision for the WSD Multilingual Learning Program? What do you hope to accomplish in your first year in your new role?**

In my first year in this role, I'll review the vision in place, while I develop some professional development sessions around cultural competency to enhance our staff, students, and community members' relationships. When we understand our students and their parents or guardians, our teaching becomes even more effective. I'll build upon the great work already in progress to celebrate our success as a teaching and learning community. I'll also work closely with our students, staff, school administrators, community members, and all stakeholders to overcome our challenges.

### **How do you describe your Leadership style?**

I am a very respectful leader/human being, knowledgeable but open to learning, observant, and a great listener who scaffolds my staff and provides constructive feedback. I collaborate really well with students, community members, staff, school administrators, and all stakeholders I get to partner with for our students' success.

*For more questions and answers with Mohamedou, please visit our website at <https://www.wsdvt.org/welcome-mohamedou-diop-director-of-multilingual-learning-programs/>*

## Meet Maybeline Lopez - Director of Early Learning

*By Emily Hecker, Director of Communications & Development*

Maybeline Lopez will be moving into her new role as the Director of Early Learning this July. She is currently the WSD's Act 166 Coordinator and Preschool Director.

Throughout her years of service to the district, the Preschool program has greatly benefited from Maybeline's compassion, intelligence, and fierce advocacy for students and families.

"Maybeline has worked tirelessly so that our preschool-aged students receive the best educational opportunities available. She is completely committed to the students and families of Winooski and will continue to work hard to improve and expand our Pre-K program so that it meets the needs of the Winooski community. Maybeline is a skilled educator and will bring her exceptional skills into her new role. Her focus on equity and setting high expectations will continue to improve outcomes for all of our students," said Katherine Blair, Director of Support Services.

For those of you who don't know Maybeline already, we asked her a few questions so you can get to know her better.



### **How long have you been working at the WSD?**

I have worked at the WSD for 10 years. I started as the District Evaluator for Early Childhood Special Education and the Early Learning Coordinator. With the advancement of our Vermont Early Learning Standards in 2015, Licensing Regulations for Preschool Programs, and Publicly Funded Prekindergarten, providing high-quality early childhood education for our community has been a priority for me.

### **What is your vision for the future of the PreK program?**

I believe that investing in early childhood education can positively impact a child's development and future success. Through collaborative work with the district and community, I plan to create inclusive and equitable learning opportunities for all children to thrive. Starting next year, I will be working on expanding preschool opportunities for children to receive equitable high-quality early education.

### **What do you do for fun?**

I am the lucky parent of three boys and enjoy outdoor activities and frequent family celebrations with them.



### BUILDING THE FUTURE OF THE WINOOSKI SCHOOL DISTRICT

#### Building a Better School

*By Emily Hecker, Director of Communications & Development*

Winooski High School renovations are complete! Students and staff are enjoying the new space - especially the new High School Gathering, which is temporarily the district library.

While there still small details to attend to and yet another move summer, we are very close to wrapping up the Capital Project.

We're all looking forward to having time to settle into our fresh, new facilities and making the campus feel like our educational home.



# Antiracism Steering Committee Update

By Kayla Loving

The Antiracism Steering Committee (ARSC) did not meet in May. Instead, ARSC members committed to attending at least one Action Demand Group meeting before our next meeting on June 6th.

The antiracism student group has been meeting every two weeks. The group answered these three questions: 1) What would it look like to address the adults' reaction to the sit-in in a restorative way? 2) What actions can we take? and 3) What resources do we need? They are going to use their answers to come up with an action plan during the next meeting. Here are some highlights from their responses: healing the past, future thinking, removing power dynamics, better communication, true student involvement, agreements to return to stay restorative, student government, and meetings about our schools between students and adults once a month. They also came up with an action plan to address the sit-in in a restorative way. They'd like to have a restorative justice circle with the administrators, two of the school board members, and some union representatives. The youth will co-write and facilitate it.

Here are updates from the Action Demand Groups:

- *Truth and Reconciliation Commission*: They have continued communicating with Restorative Justice for Oakland Youth to plan for a time for them to visit Winooski and co-facilitate the process. They also planned a documentary showing of *Confronting the Truth* to share their work with the community.
- *Hiring and Retaining Teachers of Color*: No update.
- *Ethnic Studies*: They created a survey that is meant to ask teachers what they are teaching and how they are teaching, so the group can figure out where the gaps are. The youth created a student version of the survey.
- *Equity Review*: The Equity Audit by IBG Consulting was presented to the City and school district.
- *Civil Rights Workshops*: No update.
- *Multilingual Learner Mentorship*: They have partnered with Mentor Vermont to provide technical assistance. They created a job description for a Program Director who would oversee the mentorship program. They will be able to be trained by Mentor Vermont.

## RESTORATIVE JUSTICE IN THE WINOOSKI SCHOOL DISTRICT

*The Winooski Restorative Justice for Multicultural Youth Project, launched in 2020, is a collaboration between the Winooski School District, Spectrum Youth and Family Services, UP for Learning, and the City of Winooski with funding from the Vermont Department of Children and Families and an anonymous donor. This monthly column will highlight the Restorative Justice work happening across the district among different groups. For more information please scan the QR code to visit our website.*



## Highlighting Marginalized Voices in Restorative Justice Circles

By Kayla Loving

The circle process can have an array of functions including storytelling, coming to an agreement, addressing harm, and facilitating learning. After the approval of some of the demands from the Winooski Students for Antiracism, WSD has been looking at different ways to incorporate an Ethnic Studies curriculum. Restorative justice circles based on the themed-months opens up opportunities for learning about people from marginalized identities. The circles teach about that person's experiences and ask participants to connect it to their own.

Here are some examples from these circles:

- Yuri Kochiyama talked about "building bridges, not walls". What does this phrase mean to you?
- Students had the opportunity to read, listen to, and analyze a poem by Ocean Vuong.
- Shirley Chisholm's campaign slogan was "Unbought and Unbossed". What would your campaign slogan be?
- The circle about Hulleah Tsinhnahjinnie explores and provides space to comment on her art.
- Tammy Duckworth said, "The American Dream I believe in is one that provides anyone willing to work hard enough with the opportunity to succeed." What does your American Dream look like?

Referring to the circle about Yuri Kochiyama, Rebecca Savage said, "I used it in my classes today as part of our ongoing learning during AAPI heritage month. The students were really engaged and asked good questions." In the fall, there will be circles put together for Native American Heritage Month and Latinx Heritage Month.

Month	Theme	Subjects
February	Black History Month	Shirley Chisholm, Patrice Lumumba, and Ruby Bridges
March	Women's History Month	Hulleah Tsinhnahjinnie, Tu YouYou, Tammy Duckworth, and Gloria Richardson
May	Asian American Pacific Islander Heritage Month	Yuri Kochiyama, Ocean Vuong, and Philip Vera Cruz
June	Pride Month	Sally K. Ride, Cecilia Chung, and Marsha P. Johnson



## ANNOUNCEMENTS

### 2022 Summer Meals For Winooski Students

By Nicole Mace, Finance Manager

**The Winooski School District is participating in the Summer Food Service Program.** The options this summer will differ somewhat from the last two summers and will be dependent on the construction schedule impacting our kitchen. At this time, we are expecting our kitchen to be closed for the last two weeks of June.

On Monday, June 20th, and Monday, June 27th, our food service providers will offer “make your own meal” kits so that students can make their own meals at home with the groceries provided through the district. The kits include breakfast and lunch. Meal kits typically include two pre-made meals, as well as bread, milk, meat, cheese, vegetables, fruit, and other staples.

The WSD will offer three meal kit pick up sites throughout the community. Meals will be provided, at a first come, first serve basis, at the sites and times listed below:

**Monday, June 20th & Monday June 27** at the following locations:

- **From 9:30am – 10:00am**  
Winooski School District, 60 Normand St.
- **From 10:15 am – 10:45 am**  
O’Brien Community Center, 32 Malletts Bay Ave.
- **From 11:00 am – 11:30 am**  
Winooski Family Center, 87 Elm St.

**For the remainder of the summer, students may come and pick up breakfast and lunch each day.** Access to the school building to pick up meals will be permitted between 8 am - 12:00 pm Monday-Friday through the George Street entrance. Meals will also be available for pick up by students at the Myers Memorial Pool.

**Every child in Winooski, aged 0-18, is eligible for these FREE summer meals.** Summer meals will be provided to all children without charge and are the same for all children regardless of race, color, national origin, sex, age or disability, and there will be no discrimination in the course of the meal service.

To file a program complaint of discrimination, complete the USDA Program Discrimination Complaint Form, (AD-3027), found online at [http://www.ascr.usda.gov/complaint\\_filing\\_cust.html](http://www.ascr.usda.gov/complaint_filing_cust.html) and at any USDA office, or write a letter addressed to USDA and provide in the letter all the information requested in the form. To request a copy of the complaint form, call (866) 632-9992.

Submit your completed form or letter to the USDA by:

- (1) Mail: U.S. Department of Agriculture  
Office of the Assistant Secretary for Civil Rights  
1400 Independence Ave SW  
Washington, D.C. 20250-9410
- (2) Fax: (202) 690-7442 or
- (3) Email :[program.intake@usda.gov](mailto:program.intake@usda.gov)

### Little Shop of Horrors

*Presented by Winooski Middle and High School*

Come check out our Spring Musical Comedy!!

*Little Shop of Horrors* is a brilliant Broadway sci-fi smash musical. The story follows Seymour Krelborn, a meek floral assistant, as he stumbles across a new breed of plant. Seymour names the plant “Audrey II” - after his coworker crush.

This foul-mouthed, carnivorous plant promises unending fame and fortune to the down and out Krelborn as long as he keeps feeding it, BLOOD. Over time, though, Seymour discovers Audrey II’s sinister intent of global domination!

What will Seymour do? Will he sell his soul to get the girl? Or, will he save the world?!

**Location:**

Winooski High School - Temporary Library

**Show Times:**

Thursday, June 2nd, 7PM

Friday, June 3rd, 7PM

**Cost:**

Admission is FREE!

### Preschool Pre-registration

**For ACT 166 Publicly Funded Pre-K OR Winooski Preschool Programs**

If your child is or will be 3 by September 1st, 2022 please complete a Preschool Skills Screening & Pre-registration Form for ACT 166 Publicly Funded Pre-K or to inquire about a Winooski Preschool Program.

For more information about preschool opportunities visit our WSD website under *Pre-Kindergarten*.

If you have concerns about your child’s development, our Winooski Early Childhood team can screen your child’s development in the areas of Speech & Language Skills, Motor Skills, Adaptive Skills, Personal/Social Skills, and Academic/Cognitive Skills.

Please contact Our Early Childhood Development Specialist, Holly Haggerty at [hhaggerty@wsdvt.org](mailto:hhaggerty@wsdvt.org) or 802-383-6061 for more information on developmental screenings.

Contact our Early Learning Coordinator, Maybeline Lopez at [mlopez@wsdvt.org](mailto:mlopez@wsdvt.org) or 802-383-6063 with any enrollment questions.

## JFK All School Celebration

By Sara Raabe, Principal JFK

Each June, the entire JFK school has a day to celebrate the end of the school year. The past two years have been especially challenging, and we are excited to have a day together to celebrate our amazing students, staff, and community.

On June 13th, JFK students will be spending half of their school day at Laundry Park, and half of their school day at JFK.

At Laundry Park, students will:

1. Have an hour to either skateboard or swim. CHILL will be coming to Laundry Park to work with 12 students from each grade level. CHILL will bring all the skateboarding equipment, and students will learn how to skateboard. Students that are not skateboarding will have an hour to swim in the Myers Memorial Pool. There will be lifeguards at the pool that day.
2. Have an hour to play field games. We field games for students to play like giant Jenga, Connect Four, and Kurpluk.
3. Have an hour to eat a snack, get a temporary tattoo, and play on the playground at Laundry park.

At JFK, students will:

1. Have an hour to do an arts and craft project on their classroom
2. Have an hour as a grade level to play on the three inflatables we will have:
  - a. A forty foot inflatable obstacle course
  - b. A twenty foot inflatable slide
  - c. A thirty foot obstacle course
3. Have an hour in the classroom to do a quiet activity (it is a busy day!)

Each year students and staff look forward to this day. It is a great opportunity for us to spend time together as a school community and have fun together!

June 14th is our rain date.

(Pictures are from last year's All School celebration)



## Afterschool Writing Program

By Suzanne Skaflestad, 21C Afterschool Program Director

Sam Pregger participates in a new 21C afterschool program, which supports students writing for the *Young Writers Project*. Sam splits his time between Barre and Winooski, but lucky for us, he is a Winooski student.

The class is taught by Willow Shaefer, a very talented and committed college student from Saint Michael's College. Her passion for writing has inspired our students. Willow has already expressed interest in teaching the *Young Writers Project* again next year, which is fabulous news.

### The Dragon Ride

By Samuel Pregger, 12, Barre and Winooski

The Dragon Ride was about to begin. I was proud of myself, having won two tickets to the virtual reality roller coaster. It was simple, really: win a series of 100 battles (the "Guardian of the Entrance" actually made it 101) and you'd win two tickets to the purely awesome, all-expenses-paid Dragon Ride. I couldn't wait.

"Think it's a hoax?" joked my slightly nerdy friend Loize.

Loize has been my best friend since second grade, and we've been stuck together like glue since we first met. Well, "like glue" might be the wrong term – more like tape and (relatively dry) ice. Our friendship fluctuates, but we are in a good place right now. And Loize was the obvious choice for my person to bring on the Dragon Ride. This was going to be fun.

We stepped into the VR room.

Inside, there were fans mounted on the walls and ceiling, and long robot arms to lift us up off the ground when the ride began. There were also many little panels in the walls – some screwed in, and others that looked like they would slide away to reveal gadgets inside that would amplify the realism of the ride. There was even a light in the ceiling labeled "abort" in case of malfunction or emergency. The weighted platform in the middle of the room was illuminated from below by a blue LED the size of a bus, or something like that.

We stepped onto the platform and closed our eyes. When we opened them again, we were standing on the edge of a cliff, looking out over forested mountains.

Then from the mountains came the dragon, the virtual beast that made the ride famous. The dragon landed in front of us, coiling into a pile of scales. It was a long thing, thinner and more centipede-like than I had imagined.

"Cool," breathed Loize. "So cool."

"I am Thraex-kra Glorm, dragon of the Kraktl-grath clan..."

*Excerpted from original; read complete story at: [youngwritersproject.org/node/44397](http://youngwritersproject.org/node/44397)*

## How We are Doing High School Differently

By Jean Berthiaume, WMHS Co-Principal

*Winooski has adroitly developed a “porous” mentality that both invites the community in and encourages students to venture out creating a symbiotic relationship between school and the local environment. Through multiple strategic mission-aligned partnerships students are able to engage deeply with the community and are connected to learning opportunities that help explore what’s possible beyond high school. Early College, dual enrollment, collaboration with local tech programs, and Capstone experiences, all offer students ways to engage in learning beyond the confines of the school building in service of the school’s goal of preparing students for pathways beyond graduation.*

— SpringPoint Observation 2022



- Jean Berthiaume, WMHS Co-Principal



SCAN ME

Last month, schools from across New England met in Boston for the annual Barr Foundation spring convening. All of the schools that attended the convening are working on widening the ecosystem of learning for high school students. Widening the learning ecosystem looks different for each school but generally means that students are able to access learning beyond classroom walls through internships, community mentorships, and work experiences.

WHS students Nuru Mami and Emmanuel Omar attended the convening with me. Both students were selected to attend the conference after expressing their interest in developing clarification about the different pathways to graduation from WHS.

At the convening, participants were invited to listen and reflect on the Sounds of Learning installation, posted on the walls of the conference room. The exhibit featured short interviews with students and staff from high schools across the region sharing how their schools are widening the learning ecosystem. You may listen to the WHS stories using a QR reader.

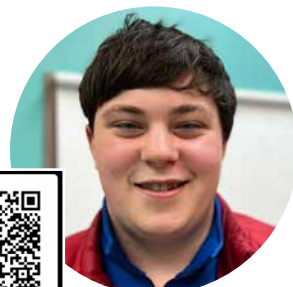
These stories give a clear voice to who we are as a high school and our values of both rigor and relevance in the learning experiences that are designed for students. As WHS continues to evolve and improve our proficiency-based learning system, we aim to design and support learning experiences that ensure our students gain proficiency beyond traditional experiences of school. We will continue to share our progress as we design a system that personalizes culturally responsive pathways for all high school students.



- Kiara Mack, WMHS Student



SCAN ME



- Graham Resmer, WMHS Student



SCAN ME



- David Klinker, WMHS Student



SCAN ME



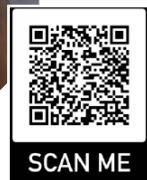
- Bonne Idee Kashindi, WMHS Student



SCAN ME



- Fayth White, WMHS Student



SCAN ME



### Health Information

By Elizabeth Parris, BSN, RN, NCS

What a busy year it has been! To date, the health office has logged 3,023 student visits district wide, triaged hundreds of phone calls and sent approximately 100 students to the dentist via SSTA transport. Our School Based Health Center (SBHC) operated 3 mornings a week this school year and so far has had 400 student visits.

The health office wishes to extend a HUGE THANK YOU to the following professionals and businesses:

- Shannon Fountain, WSD Health Office Assistant
- Madison Garfield, AOE Covid Response Staff
- Dr. Heather Link, SBHC Provider and WSD Medical Liaison
- Libby McDonald, NP- SBHC Provider
- Sherry Larose, PA SBHC Provider
- Tracy Towers, WSD Tooth Tutor
- Louise Mongeon, WSD Sub Nurse
- Emily Hecker, WSD Communications Director
- WSD Covid Response Team
- WSD Liaisons
- WSD Teachers and Support Staff
- WSD Maintenance Staff
- AOE Covid Response Team
- TLC sub nursing
- Brianna Owen, The University of Vermont CDCI School-Age Consulting Team
- Kaitlyn Kodzis, VDH State School Nurse Consultant
- Moriah Ludwig, VDH representative
- Shannon Stem, VDH representative
- Jessica Leclair, VDH representative
- Chittenden County Covid Coordinators
- UVM School of Nursing
- WSD PTO
- Howard Center
- VT Dental Care
- SSTA
- Community Health Centers of Burlington
- Vermont Department of Health
- UVMMC-Primary Pediatrics
- UVMMC Pediatrics Endocrinology
- UVMMC Pediatrics Nephrology team
- UVMMC Pediatrics Neurology team
- UVMMC Pediatrics Urology team
- UVMMC Pediatrics Orthopedic team
- St. Mike's Rescue
- WSD Medical Emergency Response Team
- Other local pediatric and family practices

We want to sincerely thank you for collaborating and working with Katharine, Shannon and I to service the needs of the Winooski students throughout the year. We appreciate each one of you.

### On another note...

- If your child is going to be in kindergarten then they will need an updated copy of immunization records. Please make sure they have had 5 doses of DTP/Dtap, 4 doses of IPV, 3 doses of Hepatitis B, 2 doses of MMR and 2 doses of Varicella. If they don't then please call your child's primary doctor to schedule an appointment for them.
- If your child is entering the 7th grade, please make sure they have had their 2nd dose of Varicella and a tdap booster.

### Do you exempt your child from immunizations?

If yes, please make sure to stop by the health office before 11am on June 17th to fill out an exemption form for next school year. Otherwise, they will be available with the district's administrative assistants over the summer.

Remember without updated immunizations, a renewed exemption form or a doctors note stating their next appointment they can't start school in the fall!

### Does your child have asthma?

If so, then please get the asthma action plan completed over the summer and have an inhaler and/or spacer ready to bring in on the first day of school.

### Does your child have an epi-pen?

If yes, then please obtain an updated doctor's orders and have the new order and epi-pen ready to bring in on the first day of school.


**We kindly request that parents or a designated adult pick up their children's prescription medication(s) by 11am on Friday June 17th.** Any prescribed medications left after this selected date and time will be disposed at the Winooski Police Department. Students are not allowed to pick up their prescription medications.

Lastly, I am thrilled to announce that **Kelly Marcus, RN** will be joining the health office team next school year. Kelly comes to us from Shelburne with many years of school nurse experience.

We have enjoyed serving the health needs of your kids this school year and wish everyone a safe, happy and healthy summer vacation. See you in the fall!!




# WINOOSKI SCHOOL MENUS



## Winooski Elementary School Breakfast



### June 2022



=Vegetarian

Menus are subject to change

## Meals Are Free To All Students

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Please advise us if special meal accommodations are required for allergens or other special dietary needs.</p>		<p>1 <b>Bagel w/ Cream Cheese Fruit Filled Muffin w/Cheese Stick</b> Assorted Fresh, Dried or Canned Fruit Milk Variety</p>	<p>2 <b>WG Donut Fruit Filled Muffin w/Cheese Stick</b> Assorted Fresh, Dried or Canned Fruit Milk Variety</p>	<p>3 <b>Breakfast Pretzel w/Cinnamon &amp; Sugar Fruit Filled Muffin w/Cheese Stick</b> Assorted Fresh, Dried or Canned Fruit Milk Variety</p>
<p>6 <b>Asst. WG Cereal String Cheese Fruit Filled Muffin w/Cheese Stick</b> Assorted Fresh, Dried or Canned Fruit Milk Variety</p>	<p>7 <b>Danimals Yogurt w/Graham Cracker Fruit Filled Muffin w/Cheese Stick</b> Assorted Fresh, Dried or Canned Fruit Milk Variety</p>	<p>8 <b>Bagel w/ Cream Cheese Fruit Filled Muffin w/Cheese Stick</b> Assorted Fresh, Dried or Canned Fruit Milk Variety</p>	<p>9 <b>WG Donut Fruit Filled Muffin w/Cheese Stick</b> Assorted Fresh, Dried or Canned Fruit Milk Variety</p>	<p>10 <b>Breakfast Pretzel w/Cinnamon &amp; Sugar Fruit Filled Muffin w/Cheese Stick</b> Assorted Fresh, Dried or Canned Fruit Milk Variety</p>
<p>13 <b>Asst. WG Cereal String Cheese Fruit Filled Muffin w/Cheese Stick</b> Assorted Fresh, Dried or Canned Fruit Milk Variety</p>	<p>14 <b>Danimals Yogurt w/Graham Cracker Fruit Filled Muffin w/Cheese Stick</b> Assorted Fresh, Dried or Canned Fruit Milk Variety</p>	<p>15 <b>Bagel w/ Cream Cheese Fruit Filled Muffin w/Cheese Stick</b> Assorted Fresh, Dried or Canned Fruit Milk Variety</p>	<p>16 <b>WG Donut Fruit Filled Muffin w/Cheese Stick</b> Assorted Fresh, Dried or Canned Fruit Milk Variety</p>	<p>17 <b>Breakfast Pretzel w/Cinnamon &amp; Sugar Fruit Filled Muffin w/Cheese Stick</b> Assorted Fresh, Dried or Canned Fruit Milk Variety</p>
<p>20</p>	<p>21</p>	<p>22</p>	<p>23</p>	<p>24 </p>
<p>27</p>	<p>28</p>	<p>29</p>	<p>30</p>	<p></p>

**This institution is an equal opportunity provider.**


**Adult Breakfast \$2.90**  
**Adult Lunch \$4.75**  
**Milk \$0.50**

Please Click Links Below for Nutrition Information on Daily Options:  
Fresh, Dried, or Canned Fruit, Skim White Milk, 1% White Milk, & Fat Free Chocolate Milk Offered With All Meals.


[Milk](#) [Condiments](#)


[Fresh, Dried Or Canned Fruit](#)

Pay for meals on-line. Click on Link Below:

 Simply manage your student's account  
[Visit our Family Portal](#)


Click Image Below for employment opportunities





## Winooski Elementary School Lunch




### June 2022



=Vegetarian

Menus are subject to change

## Meals Are Free To All Students

Monday	Tuesday	Wednesday	Thursday	Friday
<p><b>June is Dairy Month Fun Facts</b></p> <ul style="list-style-type: none"> <li>June Dairy Month was established in 1937</li> <li>The average dairy cow weighs about 1400 lbs.</li> <li>A cow eat 90-100 pounds of food and drinks about 35 gallons of water every day.</li> <li>A cow produces and average of 6.3 gallons of milk daily.</li> <li>US dairy farms produce roughly 21 billion gallons of milk annually.</li> <li>Americans eat more than 300.00 tons of yogurt per year.</li> </ul>	<p></p>	<p>1 <b>BBQ Turkey Flatbread</b> Tossed Garden Salad Cherry Tomatoes Assorted Fresh, Dried or Canned Fruit Milk Variety</p>	<p>2 <b>Creamy Macaroni &amp; Cheese</b> Steamed Green Peas Fresh Carrot Sticks Dinner Roll Assorted Fresh, Dried or Canned Fruit Milk Variety</p>	<p>3 <b>BBQ Chicken Sandwich</b> Hand Cut French Fries Seasoned Green Beans Assorted Fresh, Dried or Canned Fruit Milk Variety</p>
<p>6 <b>Meatball Sub (Beef &amp; Chicken Meatballs)</b> Maple Baked Beans Garden Pasta Salad Assorted Fresh, Dried or Canned Fruit Milk Variety</p>	<p>7 <b>Tater Tot Nachos</b> Mexicali Corn Rice Pilaf Assorted Fresh, Dried or Canned Fruit Milk Variety</p>	<p>8 <b>Cheesy Breadsticks</b> Marinara Sauce Caesar Salad Fresh Cucumber Sticks Assorted Fresh, Dried or Canned Fruit Milk Variety</p>	<p>9 <b>Chicken Patty Sandwich w/Lettuce &amp; Tomato</b> Lettuce &amp; Tomato Hand Cut French Fries Assorted Fresh, Dried or Canned Fruit Milk Variety</p> <p style="text-align: center;"></p>	<p>10 <b>Dress Your Own Hot Dog</b> Caesar Salad Fresh Cucumber Sticks Assorted Fresh, Dried or Canned Fruit Milk Variety</p>
<p>13 <b>Oven Baked Chicken Nuggets</b> BBQ Sauce Roasted Potato Wedges Roasted Fresh Zucchini Homemade Dinner Roll Assorted Fresh, Dried or Canned Fruit Milk Variety</p>	<p>14 <b>Cheese Quesadilla</b> Garden Salsa Seasoned Black Beans Steamed Corn Assorted Fresh, Dried or Canned Fruit Milk Variety</p>	<p>15 <b>Cheese Pizza</b> Fresh Carrot Sticks Seasoned Green Beans Assorted Fresh, Dried or Canned Fruit Milk Variety</p>	<p>16 <b>Sloppy Joe on a Bun (Ground Beef)</b> Hand Cut French Fries Assorted Fresh, Dried or Canned Fruit Milk Variety</p>	<p>17 <b>Nachos Supreme</b> Garden Salsa Rice Pilaf Creamy Coleslaw Assorted Fresh, Dried or Canned Fruit Milk Variety</p>
<p>20</p>	<p>21</p>	<p>22</p>	<p>23</p>	<p>24 </p>
<p>27</p>	<p>28</p>	<p>29</p>	<p>30</p>	<p>Please advise us if special meal accommodations are required for allergens or other special dietary needs.</p>

**This institution is an equal opportunity provider.**

**Adult Breakfast \$2.90**  
**Adult Lunch \$4.75**  
**Milk \$0.50**

Please Click Links Below for Nutrition Information on Daily Options:  
Fruit & Yogurt Parfait w/Granola, Deli Turkey & Cheese Sandwich, Sunbutter & Jelly Sandwich w/Cheese Stick  
Fresh, Dried, or Canned Fruit, Skim White Milk, 1% White Milk, & Fat Free Chocolate Milk Offered With All


[Deli Options K-8](#)

[Fruit & Yogurt Parfait w/Granola](#)


[Milk](#) [Condiments](#)

[Fresh, Dried Or Canned Fruit](#)

Pay for meals on-line. Click Image Below

 Simply manage your student's account  
[Visit our Family Portal](#)

**Harvest of the Month: Dairy**



Click on the image above for more info on the Harvest of the Month



### From Your Local Representatives

*By Representative Taylor Small*

In the final stretch of the legislative session, the Vermont General Assembly was able to take significant action in updating our education funding formula to be more equitable; though the path getting there wasn't easy. This saga started back in the summer where a legislative task force was formed to better understand our current education funding system, review the research conducted by the University of Vermont and Rutgers University, and ultimately provide recommendations to the legislature on the best path forward to meet our constitutional obligation to provide equitable statewide education funding. The task force ended their work by providing two options: the first was to correct the per pupil weights as advised by the research before them, and the second was to pursue a completely different funding system created in the final meetings of the task force.

Once the legislative session began, the Senate drafted the first version of the legislation and ultimately passed S.287, which corrected the per pupil weights to reflect empirically derived and researched data rather than well-intentioned estimates. Once this legislation made it to the House its path became less certain. Political leaders in the House were eager to shift to the other recommended funding system - cost adjustment factors - and gave little attention to the Senate's version of the bill. With the help of community members, school board members, city officials, and your representatives in the House, we were able to move the conversation to focus on correcting the per pupil weights and addressing the harm caused by the

current education funding system.

When this legislation came to the House floor, I shared a story from earlier this year when I met with students at Winooski High School to discuss my role in the statehouse. I shared with my colleagues the various questions that I received from the students, including: 'why do we not have a bus to get us to school in the winter time?' 'why do the other teams get school buses for their away games but we have to carpool and find ride?' 'why do our school meals suck?' and 'why do we eat the same food every week, every day?'. I shared this because our students, teachers, and school staff know the harm of the current education funding system. They know that we can no longer wait nor second guess the actions needed to improve the outcomes for our students. It is our responsibility as a legislative body to listen and to make changes when necessary, and this was a necessary change.

The one downside of the legislation as passed is that it will be implemented over 5 years, meaning that we will not see the full impact of this update until 2027. This is just one step in expanding the opportunities of Vermont's students and reducing the tax burden on Winooski's homeowners. I hope that during the next legislative session we will continue to look at how we fund our education system and how we disburse those funds out to our communities. When we talk about our education system, we are talking about Vermont's future and we don't have any time to waste.



### Community Vision

This section of the Winooski Newsletter is designed to keep our residents and visitors informed of the progress being made in the City's

Strategic Vision areas – or “community vision”. To learn more, visit [winooski.vt.gov/about](http://winooski.vt.gov/about).

### Economic Vitality

The City of Winooski is looking for community input on how to spend about \$2 million in federal COVID-19 relief funds over the next couple of years. Please take a moment to take our brief survey in support of this effort – visit [winooski.vt.gov/arpasurvey](http://winooski.vt.gov/arpasurvey) today!

### Municipal Infrastructure

The Municipal Infrastructure Commission has adopted a new schedule! Join them on the 3rd Thursdays of the month at 6:30 PM. The Department of Public Works is currently working to obtain construction easements and finalize construction documents for the Main Street Revitalization Project. Once a contractor is selected, the City will begin public outreach and engagement work to discuss construction impacts. In partnership with the City of Burlington, the Vermont Department of Transportation, and the Chittenden County Regional Planning Commission, the City is submitting a federal grant application to replace the 93 year old Winooski River bridge. The project is based on our community scoping study completed in 2019, which you can learn more about at [ccrp.vt.org](http://ccrp.vt.org).

### Housing

The Winooski Housing Commission met on May 19th to discuss the Housing sections of Winooski's Master Plan, the recently completed Equity Audit, and the draft document outlining the City Council's 2022-2023 Policy Priorities and Strategies. Residents are encouraged to participate in Housing Commission meetings. To learn more, visit [winooski.vt.gov/housing](http://winooski.vt.gov/housing).

### Safe, Healthy, Connected People

The Safe, Healthy, Connected People Commission met in May to discuss and review a draft of City Council's Policy Priorities and Strategies recommendations. During the meeting, they also reviewed the findings from the City's recently completed equity audit.





For up-to-date guidance, visit  
[winooski.vt.gov/covid-19](http://winooski.vt.gov/covid-19)

## COVID-19 Information

For current updates, resources, and municipal service information please visit [winooski.vt.gov/covid-19](http://winooski.vt.gov/covid-19).

COVID-19 testing is available at the O'Brien Community Center (32 Malletts Bay Ave). Please visit [winooski.vt.gov/covid-19](http://winooski.vt.gov/covid-19) for up-to-date hours. Register at [vermont.force.com/events/s/selfregistration](http://vermont.force.com/events/s/selfregistration) (walk-ups are also welcome).

The Vermont Department of Health is encouraging Vermonters to get vaccinated through your health care provider, a pharmacy or anywhere you get other vaccines. For full details, visit [healthvermont.gov/covid-19/vaccine](http://healthvermont.gov/covid-19/vaccine).



## Reminders from the City Clerk's Office

The new tax bills and quarterly utility bills will be mailed during the first two weeks of July. Payments can be made online via [winooski.vt.gov/pay](http://winooski.vt.gov/pay) or in-person at the City Clerk's Office (Winooski City Hall, 27 West Allen St).

Our next election will be the August Primary on August 9th. If you prefer to vote by an absentee ballot, the ballots will be available approximately 45 days before the election. Questions? Feel free to reach out any time: 802 655 6410 / [clerk@winooski.vt.gov](mailto:clerk@winooski.vt.gov).

## Community Services Updates



### Recreation and Parks

[winooski.vt.gov/rec](http://winooski.vt.gov/rec)

[f](https://www.facebook.com/winooskirec) [ig](https://www.instagram.com/winooskirec) @winooskirec

### Winooski Myers Memorial Pool Passes Now Available

The City of Winooski is excited for another amazing summer at the newly-renovated Myers Memorial Pool. Passes are available for Adults, Families, Youth, and Seniors – visit [winooski.vt.gov/pool](http://winooski.vt.gov/pool) to get yours today! Keep an eye out for our up-to-date open and lap swim schedules and our aquatic program catalog. Be sure to check out Offbeat Creemee for an amazing summer treat when visiting!

Our summer program offerings are now available – view our listings below and register online at [winooski.vt.gov/recprograms](http://winooski.vt.gov/recprograms).

### Skateboarding with Burton Chill

- Ages 11 - 19 / Mondays / July 11 - August 8 / 4:30 - 6:30PM @ Landry Skate Park

Looking to try out a new board sport in the summer season? Join Burton Chill instructors to get your very own skateboard and learn to shred it up! No experience necessary - beginner and intermediate skaters are welcome.

### Outdoor Adventure Series

- Ages 8 - 12 / Wednesdays / July 6 - August 17 @ 8:45AM - 2:30PM / Various local parks

Join Sterling Mountain Guide Mischa Tourin and our staff for local exploration outings! Each week, youth will participate in a different hike and learn a new wilderness survival skill, such as orienteering with compasses, fire building, water purification, and

more! Transportation from the O'Brien Community Center provided.

### Youth Climbing

- Ages 5-8: / Thursdays, July 7-August 18 @ 11:45AM - 2:15PM
- Ages 9-12: Fridays, July 8-August 19 @ 11:45AM - 2:15PM

Winooski Recreation & Parks is partnering with MetroRock to offer youth climbing teams! Youth will work with a team of coaches to learn the basics of climbing techniques, get comfortable with safe belaying, and build their confidence. All gear is provided. Online MetroRock waiver required to participate. Transportation from the O'Brien Community Center provided.

### Yoga for Kids

- Ages 5 - 11 / Tuesdays / July 5 - August 16 / 12 - 1PM @ Landry Park / Limited mats available

Yoga for Kids will introduce K-5 students to the practice of yoga through weekly sessions that are geared towards kids. Over a series of sessions, local yoga instructor Emily Fixx will offer beginner yoga that welcomes all abilities.

### Run Ride Club for Kids

- Youth of All Ages / Fridays / July 8 - August 19 / 5:30 - 6:30PM @ Gilbrook Nature Area

Run & Ride Club invites youth to be active outside together for an evening of running, walking, or biking! Open to youth of all ages, skill levels, and abilities. Earn prizes throughout the season! Youth will not be closely monitored on the trails, adult chaperone participation is encouraged.

### Kuduro Dance

- Grades K-5 / Thursdays / July 7 - August 18 / 5 - 6PM @ The O'Brien Community Center

Learn the basics of Kuduro dance with local instructor Sarah Snow of SnowMotion Studios. Kuduro is infectious music and dance from the southwestern African country of Angola. Class will begin with a fun warm-up followed by step-by-step instructions to complete a choreographed dance!



## Bachata Dance

- Grades 6 - 8 / Wednesdays / July 6 - August 17 / 5 - 6pm @ The O'Brien Community Center

Learn the basics of bachata dance with local instructor Sarah Snow of SnowMotion Studios. Bachata is a style of dance that originated in the Dominican Republic and is danced widely around the world. Classes will begin with a fun warm-up and participants will have the chance to dance with and meet everyone else as they switch partners, all while practicing the different movements.

## Summer Camps

- **Sports Camp** Grades K - 5 / June 20 - June 24 / 9AM - 3PM / Drop off & pick up @ Landry Park. Featuring a week of varieties of physical activities! Learn new sports and practice old favorites like soccer, kickball, tennis, pickleball, skateboarding, yoga, and swimming at Myers Memorial Pool.
- **Intro to the Arts Camp** Grades K - 5 / June 27 - July 1, 9AM - 3PM / Drop off and pick up @ Landry Park. Join for a week of immersion in the arts! We will be partnering with local artists specializing in different mediums - youth will develop new skills and enjoy creative expression. Includes special swimming sessions at the Myers Memorial Pool.
- **Explore the Parks Camp** Grades K - 5 / August 22 - August 26 / 9AM - 3PM / Drop off and pick up @ Landry Park. Explore Winooski's parks! This camp will include hiking at the Gilbrook Nature Area, games and relay races at Richards Park, a scavenger hunt in the Casavant Nature Area, swimming at the Myers Memorial Pool, and more! Campers should be prepared to walk to and from Landry Park to different parks around Winooski (1+ mile of walking round trip).

- **Science Camp** Grades K - 5 / August 29 - September 2 / Drop off and pick up @ Landry Park. Discover a wide range of science topics including lego engineering, beginner experiments, plants and animals of the Lake Champlain Basin, the famed Winooski Dome, and more! Campers should be prepared to walk from Landry Park to different destinations around Winooski (1+ mile of walking round trip). Includes special trips to the Myers Memorial Pool.



## Thrive After School

[winooski.vt.gov/thrive](http://winooski.vt.gov/thrive)



@thrivewinooski

The City of Winooski proudly presents our 2022 Thrive Summer Camp Program! Sign up for these amazing camps at [winooski.vt.gov/thriveprograms](http://winooski.vt.gov/thriveprograms). Thrive Summer Camps engage kids in grades K-5 in outdoor exploration, STEM activities, artistic expression, trips to the pool, and fun in the sun. As a licensed childcare program, we accept State subsidies to cover the cost of Thrive, and will be using Federal ESSER Funds to provide Thrive FREE for all other Winooski youth this summer!

- July 5-8: STEAM Week
- July 11-15: Edible Engineering Week
- July 18-22: Maker Space Creations Week
- July 25-29: Spartans on the Go Sports Week
- August 1-5: Aquatic Adventures Week
- August 8-12: Animal Week
- August 15-19: Build Your Story Week



## Winooski Memorial Library

[winooski.vt.gov/library](http://winooski.vt.gov/library)



@winooskilibrary

## Audiobooks, Ebooks, & More

Did you know that all Winooski Memorial Library cardholders have access to FREE online resources including audiobooks, ebooks, film streaming, language learning, educational and professional development courses, and more? Visit [winooski.vt.gov/library](http://winooski.vt.gov/library) or stop by the library for questions about access and/or additional information.

## Arabic-English Bilingual Storytime

Join us on the last Saturday of each month at 10 AM for our Arabic-English storytime with Ms. Tolba! Children along with their parents and caregivers are invited to hear bilingual read-alouds and learn more about Arabic language, culture, and traditions.

- Saturday, June 25th at 10 AM.
- Free, no registration required.

إنضم إلينا في يوم السبت الأخير من كل شهر في لقرأة (10:00 am) تمام الساعة العاشرة صباحاً القصص بالعربية والإنجليزية مع السيدة مني طلبة! ندعو كل الأطفال مع والديهم ومقدي الرعاية لسماع قراءة القصة باللغتين ومعرفة المزيد عن اللغة العربية والثقافة والتقاليد العربية. هذا البرنامج مجاني ولا يلزم التسجيل.

Support for this project was provided by the Teachers of Critical Languages Program's Critical Language Projects. The program is sponsored by the Bureau of Educational and Cultural Affairs of the U.S. Department of State (ECA) and is administered by American Councils for International Education: ACTR/ACCELS. ECA and American Councils are not responsible for the views expressed herein.

### Citizenship Prep Class

We're excited to announce our partnership with USCRI Vermont to offer their Citizenship Preparation Class. This weekly program is open to any green card holder interested in practicing English literacy and civics education.

Wednesdays, 1- 2:30 PM @ the Winooski Memorial Library

Free to join, open to adult green card holders 18+

To register, contact Nancy Lindberg at [nlindberg@uscrimail.org](mailto:nlindberg@uscrimail.org) / 802 654 1704

### Community Restorative Justice Circle

Join us on the third Thursday of every month for our Community Restorative Justice Circle. Facilitated by Kayla Loving, Restorative Justice Coordinator at Spectrum Youth & Family Services, the circle practice is one of the most well-known restorative justice practices. Eat together, share stories, and talk about what changes you'd like to see in the community.

If you have an interest in getting to know your neighbors on a deeper level, learning about restorative justice, and organizing for change in your community, consider joining us. Everyone is welcome. Interpretation can be provided if we are notified ahead of time.

Wednesday, June 15th from 6 – 7 PM.

Free to join, open to all.

"Restorative justice is a philosophy and set of practices, rooted in indigenous teachings, that emphasize our interconnection by repairing relationships when harm occurs while proactively building and maintaining relationships to prevent future harm" (Amplify RJ).

### Dad Guild Playgroup

Join the Dad Guild for an afternoon of play and connect with other parents, guardians, and caregivers - all are welcome regardless of gender identity! This event is free and open to all.

Saturday, June 18th from 12:30 – 2 PM

Children 0-5; parents, guardians, and caregivers.

About Dad Guild: Founded in 2019, Dad Guild is a 501(c)(3) nonprofit organization formed to create a supportive network for new fathers in

the greater Burlington, VT region. They offer opportunities for dads to connect with one another, share their experiences, model positive father engagement, and advocate for parental equality.

### English Conversation Group

Free to join, open to adults 18+

We're excited to announce our partnership with USCRI Vermont to offer their English Conversation Group program! Join a weekly conversation group to practice English skills. Each week will have a different theme and new vocabulary to practice. Do you have a topic you would like to talk about? Join the conversation!

Tuesdays 11AM - 12PM

Free to join, open to adults 18+

### Free Bike Repair

Have a bicycle in need of repair or a tune-up? Throughout the summer, mechanics from Old Spokes Home will be on-site with their Mobile Repair Unit to provide free bike repair for the Winooski community! Drop in, no registration required.

- Every other Wednesday 11 AM - 1 PM; first date is June 22nd
- Free, no age restrictions

### LEGO Club

Join the club and get creative during an imaginative-hour of Lego play! Use one of our sets or bring your own! No registration required. Youth of all ages are welcome to participate!

- Thursdays, 3:30 - 4:30PM

### Library of Things

Did you know the library has a collection of nontraditional items available for loan to Winooski cardholders? We call this our "Library of Things" and it includes such items as snow shovels, birding backpacks, home and yard tools, board games, blood pressure kits, a telescope, and more! Stop by today and check-out something new!

### Library Playgroup and Family Support

Join the Winooski Memorial Library for a fun playgroup for parents,

caregivers, and young children ages 0-5. Meet at the Library for activities such as reading stories, movement exercises, and sing-alongs. Adults will also have the opportunity to talk about child development or just chat. Come connect with your child and meet other families within your community!

- Tuesdays, 10 – 11 AM

For more information, please reach out to Kirsten Wilson at [kwilson@winooski.vt.gov](mailto:kwilson@winooski.vt.gov); 802 655 6424

### Movie Time @ the Library

This summer, the Winooski Memorial Library invites you to attend a free movie matinee on every fourth Friday of the month! June's film will take place at the Library on Friday the 24th at 3:00 PM. This PG film screening is recommended for ages 5 and up.

Our movie license agreement doesn't allow us to name the movie title in this newsletter, but here's a hint: set in a beautiful seaside town on the Italian Riviera, this film is a coming-of-age story about one young sea monster's unforgettable summer filled with gelato, pasta, and scooter rides. Check out our website for more information!

No registration required, ages 5+ and youth under 10 must be accompanied by an adult.

### STEAM Ahead Saturdays

Find us on Saturdays from 10-11AM for our STEAM Activity hour. Each week will feature a new project for young learners that will engage the mind and introduce participants to science, technology, engineering, art and math-based concepts!

This program is intended for youth ages 5 and up, however parents are encouraged to partake! Youth should attend in clothing appropriate for art projects.

### Weekly Storytime

Join us on Thursdays at 10:00AM for our weekly storytime! We'll be reading our favorite books, singing songs, doing a little dancing, and sharing in fun! No registration required.

## WINOOSKI MUNICIPAL UPDATES

### Winooski Reads Book Group

The Winooski Library is excited to offer a chance to participate in our Winooski Reads Book Club for adult readers (18+)! Join your friends and neighbors for a lively discussion of each month's selected title and share your thoughts, insights, and reactions to the book. Free to take part, email or call Nate Eddy, Library Director, at neddy@winooskivt.gov / 802-655-6424

### Youth Summer Reading Program

There's an "Ocean of Possibilities" this summer at the Winooski Memorial Library with our Youth Summer Reading Program! Beginning June 1st, youth can pick up their own Summer Reading Program booklet, which includes 10 weeks of prompts to encourage kids to get outside, build connections, set personal goals, and read for fun.

Youth participants who complete half of the weekly challenges will earn a sweet treat from Offbeat Creemee, and all are welcome to attend an end of summer celebration at the Library.

Whether you like movies, games, books, activities, or just hanging out, there's something for everyone to dive into this summer at the Library!

- Free to participate



### Winooski Senior Center

[winooskivt.gov/seniorcenter](http://winooskivt.gov/seniorcenter)

 @winooskiseniorcenter

The Winooski Senior Center is open on Tuesdays, Wednesdays & Thursdays from 9 AM – 12 PM. Join us for events and programs! Stay connected with us: call: 802 655 6425 - voice mail 24/7. Email us at [seniorcenter@winooskivt.gov](mailto:seniorcenter@winooskivt.gov)

### TUESDAYS

#### Coffee Chat & Breakfast Cafe - New Time!

Everyone is welcome to join us on Tuesdays and Thursdays from 9-11 AM as we gather and converse with community members. Our eat-in Breakfast Cafe now features hot breakfast sandwiches, fruit, treats and plenty of Coffee and Tea - Priced by donation.

### WEDNESDAYS

#### Vintage Cafe

Join us every Wednesday from 10 AM to 12 PM. Join us for coffee, tea, treats and great music. FREE!

#### More than a Meal - Free Meals for Seniors

In partnership with Age Well, we are offering Older Vermonters (60+) a free nutritious take-out meal every Wednesday. We want to continue to support you being well at home and provide you with an opportunity to stay connected to your community while enjoying a healthy and deliciously prepared meal, and some goodies from us! Pick up between 10:00AM and Noon at the Center. Reservations must be made by Noon the Friday before the scheduled Wednesday meal. Please call us at 802 655 6425 or email us at [seniorcenter@winooskivt.gov](mailto:seniorcenter@winooskivt.gov) for the weekly menu and to register for this program. FREE!

### THURSDAYS

#### Coffee Chat & Breakfast Café

Everyone is welcome to join us on Thursdays and Tuesdays from 9-11AM as we gather and converse with community members. Our eat-in Breakfast Cafe now features hot breakfast sandwiches, fruit, treats and plenty of Coffee and Tea - Priced by donation.

### SPECIAL PROGRAMS

#### Pickleball

Thursdays, starting May 5th - September 29th, 6 – 7 PM. Join Winooski Recreation & Parks for a drop-in program every Thursday at Landry Park. The courts have been renovated and staff will be on-site to hand out gear and facilitate games. FREE! For more information visit [winooskivt.gov/recprograms](http://winooskivt.gov/recprograms).

### Summer Party

Wednesday, June 22. Join us for an Open House Party celebrating Summer's arrival! Enjoy appetizers and sweet treats while you are here. 10 AM – 12 PM. FREE!

### Age Well Restaurant Ticket Sales

Wednesday, June 8th, 10:30 -11:30 AM. Age Well's popular restaurant ticket program allows for a more intimate outing at many local restaurants. Older adults can make a \$5 donation to receive a ticket to dine at one of the participating establishments. Meet Kerry Batres from Age Well and find out about this great program.

### Bone Builders

Mondays and Wednesdays at 3 – 4 PM. RSVP Bone Builders is an exercise program designed to prevent (and even reverse) the negative effects of osteoporosis. The program is based on research conducted and published by Tufts University which shows that strength training just twice a week dramatically reduces the risk of fractures due to the disease. Bone Builders classes fill a vital need for regular physical exercise as well as increased social interaction, both well-known components of healthy aging. FREE!

### Meals on Wheels

If you know of an older Vermonter who has special nutrition requirements or is having difficulty with meal preparation, please call Age Well at 802 863 0360 to find out the eligibility requirements. No one is denied meals due to an inability to donate. Volunteer drivers are always needed.

### Artist-in-Residence - Tom Locatelli

Local carpenter and artist, Tom Locatelli will be in his workshop at the Senior Center. Stop by during our open hours (Tues/Wed/Thurs 9 AM – 12 PM) and meet Tom and see what he's building using downed trees from our city's parks.



### June Update for Downtown Winooski

By Meredith Bay-Tyack, Executive Director, Downtown Winooski

#### Care about inclusivity and safety? Volunteer at events!

We are excited about the upcoming schedule of free community events in Winooski, but we need your help! In order to make events welcoming, safe and enjoyable for all, we are looking for volunteers to act as crossing guards, work with vendors and event coordinators to set up, and more. Go to <http://downtownwinooski.org/summer-2022-in-winooski> to find the volunteer sign up form and we'll work with you to find the dates and jobs that fit your availability best. Thank you so much!

#### More to love at Winooski Wednesdays

Save the dates: June 8, June 22, July 13, July 27, August 10, August 24, and August 31. From 5 – 8PM, Rotary Park will be filled with local vendors, local performers and a headliner sure to please the all-ages crowd. Bring a picnic blanket, grab takeout and enjoy! 21+ bar hosted by The Monkey House. Winooski Wednesdays is presented by Mascoma Bank and supported by Barr Hill. Brought to you by Downtown Winooski.



#### Winooski Farmers Market - All are Welcome

The Winooski Farmers Market is hosted on Winooski Falls Way (in front of the Champlain Mill) every Sunday through October 16 from 10AM - 2PM. Free parking is available on the street and in the parking garage across from the market. Find fresh local produce, unique foods, locally made items, live music and that just-can't-put-your-finger-on-it sense of community. The Winooski Farmers Market welcomes EBT/3 Squares Vermont customers and will match up to \$10 in Crop Cash, thanks to NOFA-VT. Thank you to our sponsors and partners on this beloved event, including Opportunities Credit Union.



#### Juneteenth Winooski is back for it's second year!

Celebrating Black joy in all forms, Juneteenth Winooski is hosted by the City of Winooski and Downtown Winooski from 3 - 8PM in Rotary Park. This important event honors the history of this day and features local Winooski



performers, speakers, storytellers and food producers. Join us to sample delicious foods, dance, and learn. Thank you to sponsors the City of Winooski, Redstone, EIV Technical Services, Waterworks Food + Drink, Vermont Wine Merchants and more. For up to date schedule and other information, please visit [www.downtownwinooski.org/Juneteenth](http://www.downtownwinooski.org/Juneteenth).

#### Halloween in Winooski ... yes, already

We are already seeking help from the community to bring this wonderful event to the City once again. If you're interested in joining the planning committee or volunteering before or during the Halloween in Winooski 2022 event, please contact [meredith@downtownwinooski.org](mailto:meredith@downtownwinooski.org).



### Transformation and Nonviolence

By Sister Pat McKittrick

Every one of us is aware of the destructive wars that are raging in our world today. What can we do? Raising awareness about how we can transform our own lives in our own environment is a first step. Living nonviolently is more important now than ever.

Veronica Pelicarić tells us: “As the power of nonviolence grows in us, it begins to transform us, which in turn transforms others and grows the movement for change.”

According to Wikipedia, Nonviolence is the personal practice of being harmless to self and others under every condition. It comes from the belief that hurting people, animals or the environment is unnecessary to achieve an outcome and refers to a general philosophy of abstention from violence.

The campaign Nonviolence says, “Nonviolence is a force for transformation, justice, and the well-being of all that is neither violent nor

passive. It is a powerful method for challenging and overcoming violence without using violence; for creatively transforming and resolving conflict; and for fostering just and peaceful alternatives. People around the world are using active nonviolence in grassroots nonviolent movements to build more democratic societies, to champion human rights, to challenge racism and sexism, to struggle for economic justice, and to safeguard the planet. Recent quantitative research has demonstrated that nonviolent strategies are twice as effective as violent ones.”

At a time when our society is struggling with many issues, it may be helpful to look at ways that we can bring about change without causing harm to others. We also know there is strength in numbers. Let us work together to build stronger caring communities.

Quoted below are Dr. Martin Luther King’s Principles of Nonviolence:

- Nonviolence is a way of life for courageous people.
- Nonviolence seeks to win friendship and understanding.
- Nonviolence works to defeat injustice, not people.
- Nonviolence holds that voluntary suffering can educate and transform.
- Nonviolence chooses love instead of hate.
- Nonviolence believes that the universe is on the side of justice.

*“We have to make truth and nonviolence not matters for mere individual practice but for practice by groups and communities and nations. That at any rate is my dream. I shall live and die in trying to realize it.” –Mohandas Gandhi*

What will you do? For more information or to offer suggestions please contact: Sr. Pat at 802-233-5509 or pat.mckittrick@uvmhealth.org

### Howard Center Update

By Adam C. Brooks,

Assistant Director of Communications

As the current school year begins to wind down, scores of children across our community are looking forward to another beautiful Vermont summer.

It’s a time for relaxation, vacations, camps, trying new things, visiting relatives, and hanging out with friends. We hope your summer is a fun, enjoyable, and safe one! Howard Center offers some safety and mental health tips for children and their parents for the summer months ahead.

- Make plans to spend time with supportive friends.
- Try something new each week and keep a list of those activities.
- Maintain healthy eating habits and a regular sleep schedule.
- Spend time outdoors. Get moving—even time in the yard or a short walk can be energizing.
- Listen to music that is uplifting.



- Limit your time on your devices. Be with your people—friends and family.
- Take a break from social media.
- Drink plenty of water and don’t forget the sunscreen.
- Stay sharp by starting a journal or doing something creative.
- Watch a movie that makes you laugh. Avoid violent content.
- Lend a hand to a friend or neighbor who needs support.

If you need support or information, please contact our Access and Intake Main Number 802-488-6000; M-TH 8:00AM – 6:00PM, and Friday 8AM – 5PM. Our staff will help you find the services that best fit your need. Our First Call for Chittenden County crisis hotline 802-488-7777 is available 24/7/365





### Winooski Food Shelf Schedule for June

By Linda Howe, Winooski Food Shelf Coordinator

<b>Wednesday, June 8th</b>	1:00pm to 3:00pm	Pantry staples, veggies, eggs, meat, diapers
<b>Saturday, June 11th</b>	9:30am to 11:00am	Veggies, deli, bakery, meat, eggs, diapers
<b>Wednesday, June 22nd</b>	1:00pm to 3:00pm	Pantry staples, veggies, eggs, meat, diapers
<b>Saturday, June 25th</b>	9:30am to 11:00am	Veggies, deli, bakery, meat, eggs, diapers

**VOLUNTEERS NEEDED!!** We continue to see around 200 households each month - that is about 800 people. Most of our neighbors needing some extra help are young families with children. We have around 200 babies in need of diapers each month. Volunteers help pack bags of food, repack bulk potatoes and other veggies, go and pick up donated diapers and food, set up tables for food shelves and serve clients.

**Food Shelf Policy:** Winooski residents coming for the first time should bring proof that you live in Winooski such as a utility bill or rental lease. Winooski residents may access the pantry staples one Wednesday each month. They may also come both Saturdays to stock up on bread, pastry and some fresh fruits and veggies. Shaw's in Colchester and Winooski's own Commodities Natural Market help supply Saturday's food.

**Where to find us:** The Winooski Food Shelf is located in the United Methodist Church at 24 West Allen Street. We do not provide rides so please bring a wheeled cart or suitcase and some bags to lug your food home. The church phone number is 802-655-7371.

**Cash donations needed:** The Food Shelf is growing rapidly. More and more of the food must be purchased since donations of food items cannot meet demand. Checks can be mailed to: The Winooski Food Shelf, P.O. Box 53, Winooski, VT 05404. You may also donate at [winooskifoodshelf.org](http://winooskifoodshelf.org).

**Donation Drop Off Locations: Please do not leave food on our doorstep when we are closed.** Instead, please bring unexpired and unopened food donations to: Commodities Natural Market, 65 Winooski Falls Way, phone: 448-3340 or to J & J's Corner Market, 12 Malletts Bay Avenue, phone: 802-654-8003. **We especially need toiletries: toothpaste, tooth brushes, deodorant, shampoo, disposable razors and toilet paper.** Thank you for caring about our neighbors!

**Food Shelf Volunteers Needed:** If you have some free time and would like to do some pickups and deliveries, pack food boxes, set up for food shelves or serve our clients, please reach out to us at our e-mail address: [winooskifoodshelf@gmail.com](mailto:winooskifoodshelf@gmail.com). We especially need help serving clients on Wednesdays.

### Promoting Safe Storage

By Kate Nugent, Winooski Partnership for Prevention

For youth, summer can mean more free time. Youth brains are growing and burning with curiosity as they continue to develop their identities and what they care about. To keep that curiosity directed at healthy activities, if there are 21+ only substances in the home, or any prescription medications, they can be locked, kept out of sight and out of reach and that helps keep them out of mind of any youth, too. We have free, lockable bags that can be used to store Tobacco, Nicotine, Cannabis, and or Prescription drugs. We can provide them to you any time, just get in touch! For alcohol, we recommend keeping in a locked refrigerator, or cabinet, or using a bottle lock. We can help you find these until the WPP can also provide them.

For busy, working parents, finding enriching activities for their kids in the summer can be daunting. Many summer camps fill up early and are cost-prohibitive.

What activities might still be available for youth this summer? The Winooski Library, Recreation and Parks department, and the Winooski School District have many programs that can be more budget-friendly, and also people who can help you find positive outlets for the energetic youth in your life. Please feel free to reach out to us, as well, as we may have some ideas and or contacts. And thank you for an awesome year!



### Green Up Day Gratitude

Thanks to everyone who helped us at our most recent clean-up day, and to our youth members who helped promote and run the events smoothly! We look forward to more next year.

Contact: [info@winooskiprevention.org](mailto:info@winooskiprevention.org) | 802-655-4565  
[www.WinooskiPrevention.org](http://www.WinooskiPrevention.org)







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*We are the future.*

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## The Winooski Newsletter

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## IMPORTANT NUMBERS IN WINOOSKI

### WINOOSKI SCHOOL DISTRICT [www.wsdvt.org](http://www.wsdvt.org)

#### Interim Superintendent of Schools

Dr. Kevin Dirth, [kdirth@wsdvt.org](mailto:kdirth@wsdvt.org)  
802-383-6000

#### John F. Kennedy Elementary School

Principal: Sara Raabe  
802-655-0411  
[sraabe@wsdvt.org](mailto:sraabe@wsdvt.org)

#### Winooski Middle and High School

Co-Principals:  
Kate Grodin and Jean Berthiaume  
802-655-3530  
[kgrodin@wsdvt.org](mailto:kgrodin@wsdvt.org)  
[jberthiaume@wsdvt.org](mailto:jberthiaume@wsdvt.org)

#### Board of School Trustees

Allison Burlock, 802-349-7018, [aburlock@wsdvt.org](mailto:aburlock@wsdvt.org)  
Tori Cleiland, *President*, 802-655-7678, [tcleiland@wsdvt.org](mailto:tcleiland@wsdvt.org)  
Steven Berbeco, 858-376-7269, [sberbeco@wsdvt.org](mailto:sberbeco@wsdvt.org)  
Kamal Dahal, 802-310-2821, [kdahal@wsdvt.org](mailto:kdahal@wsdvt.org)  
Dr. Alex Yin, 516-423-9601, [ayin@wsdvt.org](mailto:ayin@wsdvt.org)

### CITY OF WINOOSKI [www.winooski.vt.gov](http://www.winooski.vt.gov), 802-655-6410

#### Mayor

Kristine Lott, 802-766-1988, [klott@winooski.vt.gov](mailto:klott@winooski.vt.gov)

#### City Manager

Elaine Wang, 802-655-6410, [ewang@winooski.vt.gov](mailto:ewang@winooski.vt.gov)

#### City Councilors

James Duncan, *Deputy Mayor*, 802-310-7103, [jduncan@winooski.vt.gov](mailto:jduncan@winooski.vt.gov)  
Aurora Hurd, 802-734-7082, [ahurd@winooski.vt.gov](mailto:ahurd@winooski.vt.gov)  
Bryn Oakleaf, 802-448-2966, [boakleaf@winooski.vt.gov](mailto:boakleaf@winooski.vt.gov)  
Thomas Renner, 802-922-3265, [trenner@winooski.vt.gov](mailto:trenner@winooski.vt.gov)

#### City Clerk

Jenny Willingham, 802-655-6410, [jwillingham@winooski.vt.gov](mailto:jwillingham@winooski.vt.gov)

#### Winooski Police

Emergency: Call 9-1-1  
Non-emergency: 802-655-0221

#### Winooski Fire Department

Emergency: Call 9-1-1  
Non-emergency: 802-655-6420



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